



Teen Information Sheet

Project Title: *Parent & Teen Beliefs about Parental Monitoring of Teen Behavior*

Principal Investigator: Judith Smetana, Ph.D.

What are some general things you should know about research studies?

You are being asked to take part in a research study. Your parent or guardian must give permission for you to be in this study. You do not have to be in this study if you don't want to, even if your parent has already given permission. You are free to choose whether or not to be in this study. You may decide not to join, or, if you join, you may decide to stop being in the study, at any time, for any reason, without penalty.

What is this study about?

We are interested in how parents find out when teenagers are doing, where they are going, and who they are with when they are away from home, especially when teenagers do not want to share this information with parents. We are a team of researchers from the University of Rochester who are interested in learning more about what parents and teenagers think are good (and bad) ways for parents to learn about their teens' activities and friends.

Why are you being asked to be in this research study and what will happen?

We are inviting 14- to 17-year-olds and one of their parents from the Rochester area to participate in this research study. You will be asked to complete a brief 10- to 15-minute online survey that asks how you would feel about a variety of everyday situations where parents are trying to learn more about what their teens are doing. You will be randomly assigned to one of three versions of the survey that vary some minor details of these situations. There are also some questions about how you get along with your parents.

Who will be told the things we learn about you in this study?

The information we collect about you will be kept private. Only the people working on this study will be able to look at the information we collect; we will not share this information with your parents or with anyone at the University of Rochester.

What are the possible risks or discomforts involved from being in this study?

You may be slightly uncomfortable answering some of the questions, but we do not expect any long-term psychological risks to answering these questions, and you do not need to answer any question that makes you uncomfortable.

The University of Rochester makes every effort to keep the information collected from you private. In order to do so, your responses will be identified only by a number and not by your name. Sometimes, however, researchers need to share information that may identify you with people that work for the University, the government or the study sponsor. If this does happen we will take precautions to protect the information you have provided. Results of the research may be presented at meetings or in publications, but your name will not be used.

What are the possible benefits from being in this study?

You will not benefit personally from being in this research study.

Will you get any money or gifts for being in this study?

If both you and your parent complete the surveys, your family will be eligible to receive an online \$10 Amazon gift card, which will be sent to your parent or guardian.

What if you have questions about this study?

For more information concerning this research or if you feel that being in the study has resulted in any research-related emotional or physical discomfort please contact: Judith Smetana at 585-275-4592.

What if you have questions about your rights as a research subject?

Please contact the University of Rochester Research Subjects Review Board at 265 Crittenden Blvd., CU 420315, Rochester, NY 14642, Telephone (585) 276-0005 or (877) 449-4441 for the following for the following reasons:

- You wish to talk to someone other than the research staff about your rights as a research subject
- To voice concerns about the research
- To provide input concerning the research process
- In the event the study staff could not be reached

Do I have to be in this study?

Taking part in this research study is your choice. You are free not to take part or to withdraw at any time, for whatever reason, and there will be no penalty. In the event that you do withdraw from this study, the information you have already provided will be kept in a confidential manner.