



Information Sheet

Project Title: *Parent & Teen Beliefs about Parental Monitoring of Teen Behavior*

Principal Investigator: Judith Smetana, Ph.D.

This information sheet describes a research study and what you may expect if you decide to take part in the study. Please read this sheet carefully and ask questions about anything that is not clear before you decide whether you want to participate and allow your teen to participate.

Study Description

As teenagers grow older, they often spend more time away from home. Knowing what your teen is doing, where they are going, and who they are with is important for keeping teens safe, yet teenagers do not always willingly keep their parents informed. We are a team of researchers from the University of Rochester who are interested in learning more about what parents and teenagers think about what and how parents can learn what their teens are up to.

Description of Study Procedures

We would like to invite families with 14- to 17-year-olds (one parent and one teen per family) to be in this research study. If you decide to participate with your teen, you will each be asked to complete a brief 10-minute online survey. This survey asks your opinion about variety of everyday situations where parents want to know more about what teens are doing. You will be randomly assigned to one of three versions of the survey that vary some minor details of these situations. The survey also asks for some basic information about your family and includes some brief questions about parenting. We will briefly screen your IP address to help ensure that surveys are only completed once and that subjects meet the study requirements. At the completion of the study we will remove this identifier. We hope to have 210 families from Western New York take part in this study.

If you decide to be in the study, we will ask you to fill out a contact sheet so that we can send you and your teen links to the survey. We will also need your teenager to give us verbal assent to be in the study. You may be withdrawn from the study if the investigator suspects you may be falsely representing yourself or your teen. If you believe you are incorrectly withdrawn, you may contact the study team to verify your identify.

Risks of Participation

There are minimal risks associated with your and your teen's participation in this study. You and/or your teen may feel some discomfort at answering some questions about parental monitoring or parenting, but this should be brief, and you and your teen do not need to answer any question that makes you or them uncomfortable.

Benefits and Costs of Participation

There are no direct benefits nor any costs to you or your teen for participating in this study.

Payments

If you and your teen both complete the survey, you will be eligible to receive a \$10 online Amazon gift card.

Confidentiality of Records

The University of Rochester makes every effort to keep the information collected from you and your teen private. In order to do so, all information will be stored on encrypted drives on secure, password protected computers. To protect your teen's privacy, their responses will not be shared with you. You and your teen will be identified only by ID numbers, not by names. We will also briefly screen your IP address to help ensure data integrity.

Sometimes, however, researchers need to share information with people that work for the University or the government that may identify you/your teen. If this happens we will take precautions to protect the information you provide. Results of the research will be presented at meetings or in publications, but you and your child's identity will be kept private.

Contact Persons

For more information, or if you feel that you or your teen's participation has resulted in any stress or emotional discomfort, please contact Dr. Judith Smetana at 585-275-4592 (email: jsmetana@ur.rochester.edu)

Please contact the University of Rochester Research Subjects Review Board at 265 Crittenden Blvd., CU 420315, Rochester, NY, 14642, Phone 585-276-0005 or 585-877-449-for the following reasons:

- **You wish to talk to someone other than the research staff about your rights as a research subject;
- **To voice concerns about the research;
- **To provide input concerning the research process;
- **In the event the study staff could not be reached.

Voluntary Participation

Taking part in this study is your choice. You and your teen do not have to participate, and either of you can withdraw from the study at any time, for whatever reason. In the event that you or your teen withdraws from this study, the information already provided will be kept confidential.

We hope you will decide to participate. The results of this study should be useful to families, as well as to researchers, teachers and clinicians working with families.