

Kassidy C. Colton, M.S.

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EDUCATION

- Ph.D. Student, Developmental Psychology** May 2026 (anticipated)
University of Rochester, Rochester, NY
Advisor: Patrick Davies, Ph.D.
- M.S., Experimental Psychology** May 2021
Rochester Institute of Technology, Rochester, NY
Cumulative GPA: 3.96/4.0
Thesis title: Early Exposure to Marital Conflict and Adolescent Emotion Regulation
Advisor: Stephanie Godleski, Ph.D.
- B.S., Psychology, Lifespan Development** December 2018
Mansfield University, Mansfield, PA
Cumulative GPA: 3.97/4.0, Summa Cum Laude
Senior Capstone Project Title: Intergenerational Transmission of Childhood Maltreatment: A
Critical Analysis of the Theoretical Frameworks
Advisor: Karri Verno, Ph.D.

RESEARCH PROJECTS AND EXPERIENCE

RIT Family, Opportunity, & Experience (FOX) Center, RIT, Department of Psychology
Supervisor: Stephanie Godleski, Ph.D.

- Tobacco Exposure and Behavior Disorders Meta-Analysis*** Fall 2020 – Present
- Reviewed full-text articles on prenatal tobacco exposure and behavior disorders for eligibility to be included based on criteria for analysis.
 - Assisted with coding articles and manuscript preparation.
- Strong Family Foundations*** Fall 2020
- Reviewed and edited multiple assessments for this co-parenting program aimed to promote quality parenting and reduce hazardous drinking for expecting parents.
- COPE Study: COVID-19 and Perinatal Experiences*** Fall 2020
- Assisted with compiling necessary forms for IRB submission of this project on the health of pregnant women during the COVID-19 pandemic.
- Social Media Use and Teen Mental Health Study*** Fall 2020

August 2021

- Cleaned, organized, analyzed, and interpreted data on predictors of emotional stability in adolescents during the COVID-19 pandemic.
- Prepared an abstract and poster for the Society for Research in Child Development Biennial Meeting 2021.

Social Attribution Assessment Study

Fall 2020

- Cleaned and organized data on hostile attribution biases among college students to assist with data analysis.

RIT Social Behavior Study

Fall 2019

- Cleaned, organized, analyzed, and interpreted data on emotional regulation difficulties and physical aggression tendencies among deaf and hard of hearing college students.

Health and Addictions Research Center, RIT, Department of Psychology
Supervisors: Joseph Baschnagel, Ph.D. and Stephanie Godleski, Ph.D.

Emotion Regulation Study

Fall 2019 – Spring 2020

- Created flyers for recruiting families for a parent-child emotion regulation study.
- Assessed various psychophysiological responses (e.g., heart rate variability, skin conductance, salivary cortisol) to assist with data collection.

Undergraduate Research, Mansfield University, Department of Psychology
Supervisor: Karri Verno, Ph.D.

Early Adversities and College Student Adjustment Study

Fall 2018 – Spring 2019

- Assisted with developing and designing a research study on early deprivation and threat and college student adjustment.
- Conducted follow-up study on early deprivation and threat among college freshmen and anxiety symptomatology.
- Compiled and analyzed data.

HONORS AND AWARDS

Outstanding Student in Experimental Psychology, RIT	2021
Graduate Scholarship, RIT	2019 – 2021
President's List, Mansfield University	2017 – 2018
Psi Chi (Psychology Honors Society), Mansfield University & RIT	inducted 2018
Alumni Memorial Scholarship, Mansfield University	2017
Dean's List, Mansfield University	2015 – 2017
Brian R. Shaner Memorial Scholarship	2014 – 2015
Pennsylvania Moose Youth Awareness Scholarship	2014 – 2015
Moose International Youth Awareness Scholarship	2014 – 2015
American Red Cross Scholarship	2014

GRANTS AND FUNDING

Research and Creativity Grant, RIT	2021
Department of Psychology Thesis Research Grant, RIT	2020
College of Liberal Arts Student Research Grant, RIT	2020
College of Liberal Arts Student Travel Grant, RIT	2020
Association for Psychological Science Student Caucus Travel Grant	2019

TEACHING EXPERIENCE

Graduate Teaching Assistant, Rochester Institute of Technology

Introduction to Psychology Fall 2020

Course Instructor: Robert Bowen, Ph.D.

- Lead class discussions and activities
- Graded assignments, including weekly essays and exams
- Hosted weekly recitations

Abnormal Psychology Fall 2020

Course Instructor: Stephanie Godleski, Ph.D.

- Helped mediate online lectures and manage class discussions.

Introduction to Psychology Fall 2019, Spring 2020

Course Instructor: Jessamy Comer, Ph.D.

- Assisted with grading exams and assignments.
- Hosted review sessions and weekly office hours.
- Tutored students from various psychology courses.

PROFESSIONAL DEVELOPMENT

Introduction to Structural Equation Modeling, CenterStat May 2021

Instructors: Patrick Curran, Ph.D. and Dan Bauer, Ph.D.

- Three-day workshop on the basics of structural equation modeling

Direct Support Professional

People Inc., Williamsville, NY.

July 2020 – June 2021

Futures Community Support Services, Towanda, PA.

September 2017 – July 2019

Martha Lloyd Community Services, Troy, PA.

May 2015 – May 2018

- Implemented individual and behavior support plans for individuals with intellectual and developmental disabilities.
- Ensured proper daily documentation, assisted with medication administration, and promoted independence within and outside the home.

Motivational Interviewing Training, RIT

January 2020 – March 2020

Instructor: Stephanie Godleski, Ph.D.

- Learned different techniques associated with motivational interviewing including asking open-ended questions, turning strengths into affirmations, and directive reflecting.

Family Foundations Training, University at Buffalo

December 2019

Instructors: Jim Rowell and Lisa Dickerson

- Attended group leader training classes for Family Foundations, a co-parenting program aimed to decrease conflict for first time parents, improve couple relations, and foster positive parenting behaviors in an effort to promote a healthy environment for young children.

Heart Rate Variability Biofeedback Workshop, RIT

November 2019

Instructor: David Eddie, Ph.D.

- Attended lectures on the components of heart rate variability biofeedback and the protocols for running it as an intervention for adolescents and adults with psychological disorders.
- Performed heart rate variability biofeedback including electrode attachment for an EKG and practicing various breathing rates.

MANUSCRIPTS

Colton, K. C., Godleski, S. A., Baschnagel, J. S., Houston, R. J., DeHarder, S., & Bianco, L. (under review). Intimate partner violence, stress, and alcohol use: The influence of COVID-19 and having children at home.

Colton, K. C., Godleski, S. A., & Crane, C. A. (under review). Applying a bifactor model to the functions of relational aggression: Associations with hostile attribution biases and difficulties with emotion regulation.

CONFERENCE PRESENTATIONS

Oral Presentations:

Colton, K. C., Godleski, S. A., & Crane, C. A. (May 2021). *Applying a bifactor model to the functions of relational aggression: Influence of hostile attribution biases and emotion regulation skills.* Flash talk presented at the Annual Convention of the Association for Psychological Sciences.

Poster Presentations:

Colton, K. C., Godleski, S. A., & Kothari, A. (April 2021). *The influence of social media use on emotional stability and social support in adolescence.* Poster presented at the Biennial Meeting of the Society for Research in Child Development.

Godleski, S. A., Baschnagel, J. S., Houston, R. J., **Colton, K. C.,** & Alicea, R. (April 2021). *The cascading impact of COVID-19 on parent drinking.* Poster presented at the Biennial Meeting of the Society for Research in Child Development.

Colton, K. C., Godleski, S. A., & Crane, C. A. (March 2020). *Hearing status and emotion regulation strategies as predictors of physical aggression in late adolescence.* Poster accepted to the Biennial Meeting of the Society for Research on Adolescence. San Diego, CA. (Conference cancelled)

August 2021

Colton, K.C. & Verno, K. S. (May 2019). *Exposure to deprivation and threat in childhood and college student adjustment*. Poster presented at the Annual Convention of the Association for Psychological Sciences. Washington, DC.

RESEARCH AND TECHNICAL SKILLS

ECG; acquisition of HRV, skin conductance, and individual breathing rates

- Biopac MP36 hardware and Biopac Student Lab software (AcqKnowledge version 4.0, Biopac Systems, Inc., Goleta, CA)
- Kubios HRV 2.2 (Tarvainen et al., 2014)
- Biopac SS5LB transducer

SPSS; data analysis

- Version 26.0, International Business Machines Corp., Armonk, NY
- Process MACRO

Mplus; data analysis

- Version 8.6 (Muthén & Muthén, 1998-2021)

PROFESSIONAL SERVICE

Co-Reviewer for 2020 SRA Biennial Meeting poster and paper submissions

PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS

American Psychological Association

Association for the Psychological Sciences

International Society for Research on Aggression

Society for Research in Child Development