

University of Rochester Psychological Service Center (URPSC)
EMERGENCY CONTACT INFORMATION

Why We Ask for Emergency Contacts

To help keep you safe, URPSC asks for emergency contact information. If something serious happens—like an illness or emergency—while you are in our clinic or in an online telehealth session, your graduate clinician may contact the person(s) you list. If you are in crisis and cannot make decisions about your care, URPSC will try to reach your emergency contact to help.

Consent

By filling out this form, you allow your graduate clinician to contact your emergency contact(s) if there is a crisis or emergency.

Emergency Contact(s) Information

Note: You may list more one, two, or more contacts.

Emergency Contact Name #1

Emergency Contact Name #2

Relationship

Relationship

Phone

Phone

Email

Email

Important Telepsychology Instructions

If you are in crisis and your telehealth session is interrupted:

- Do NOT try to rejoin the video call.
- Immediately call 911 or go to the nearest emergency room.
- If possible, inform your graduate clinician *after* you have reached safety.

24/7 Emergency Resources

National Hotlines (Online Chat available for all)

- Suicide & Crisis Lifeline..... Call or Text 988
- Crisis Text Line..... Text 741741
- Trevor Project (LGBTQ+ youth) Call 866-488-7386 or Text START to 678678
- 211 Lifeline (community services)..... Call or Text 211



Local Rochester Resources

- URMCC Crisis Line Call 585-275-8686
- Willow Domestic Violence Hotline Call or Text 585-222-7233
- Affinity Place Warm Line Call 585-563-7470
- Center for Youth Crisis Line Call 585-271-7670

Consent and Signature

I understand that URPSC may contact the emergency contact(s) I listed above if there is a crisis or emergency. This permission is only for emergencies and does not mean they can share other information about my treatment information.

Client Name (print)

Client Signature

Date

Parent/Guardian Signature (if applicable)

Date

Graduate Clinician Signature

Date